



## ElkBros Adventures Emergency Action Plan - Unit 48

In case of medical emergency, level and severity of emergency will determine a callout for emergency personnel from Cimarron, Angel Fire, Raton, Taos, or if the injured person could be transported by personal vehicle to either Moreno Valley Healthcare Clinic (575-377-3301), Taos Holy Cross Hospital Emergency (575-758-8883), Cimarron HealthCare Clinic (575-376-2402), Miner's Colfax Hospital Emergency (575-445-3661)

Personnel: TriState Careflight 16 (800-800-0900), NM State Police (Taos 575-758-8878), Angel Fire Fire Dept(575-377-3347), Cimarron EMT's(575-447-2367 Michael), Colfax Sheriff Dept (575-445-5561),

For safety issues, ElkBros Adventures personnel and clients each carry Zoleo or InReach Satellite communication devices, cell phones, as well as OnX, BaseMap or GoHunt GPS applications with offline maps. Satellite devices each have an emergency SOS beacon. All guides/coaches are required to carry a Wilderness Rescue Kit with them as listed below. A larger, more comprehensive first aid kit will be in base camp and main hunting camp. Contact numbers and locations for medical facilities have been identified and recorded above. Contact numbers for emergency services, local law enforcement, Sheriff's Office and State police have been identified and recorded above.

### Emergency Extraction Plan

Transporting an injured client from a wilderness or remote forest area to an extraction spot will vary in situations, terrain and degrees of severity. First and foremost understand we have a plan to help you stay calm, coordinate and stay safe with proper precautions. Communication and planning are key to success. Here's a detailed step-by-step plan:

#### 1. Assess the Situation

- **Evaluate the Injury:** Determine the severity and type of injury. Is it life-threatening? Can the person be moved without further harm?
- **Check Environment:** Assess the terrain, weather conditions, and distance to the nearest extraction point.

#### 2. Stabilize the Injured Person

- **First Aid:** Administer appropriate first aid to stabilize the injured person. This may include stopping bleeding, immobilizing fractures, and treating for shock.
- **Comfort and Reassure:** Keep the injured person calm and reassured to reduce stress and anxiety.

#### 3. Plan the Route

- **Identify the Extraction Point:** Choose the nearest and most accessible extraction point (road, atv/utv trail, helipad, waterway or possible landing sites for emergency helicopter landing).
- **Map the Route:** Select the safest and most efficient path considering the terrain and obstacles.
- **Mark the Trail:** If possible, mark the trail with bright tape or other markers to avoid getting lost.

#### 4. Prepare for Transport

- **Create a Stretcher:** If the injured person cannot walk, create an improvised stretcher using sturdy branches, jackets, or a sleeping bag.
- **Team Assembly:** Gather a team of able-bodied individuals to assist with carrying the injured person. Assign specific roles to each team member.

## 5. Communicate

- **Emergency Contact:** Contact emergency services listed above if possible. Provide detailed information about the injury, location, and extraction point.
- **Signal for Help:** Use a whistle, mirror, or signal fire to attract attention if necessary. Tools for this are available in your EA Wilderness Kit.

## 6. Execute the Transport

- **Move Carefully:** Lift the injured person onto the stretcher or assist them in walking if they can move independently.
- **Steady Pace:** Move at a steady and manageable pace. Rotate carriers frequently to avoid exhaustion.
- **Regular Breaks:** Take regular breaks to rest and reassess the injured person's condition.

## 7. Reach the Extraction Point

- **Final Check:** Upon arrival at the extraction point, reassess the injured person's condition and provide any necessary additional first aid.
- **Prepare for Extraction:** Ensure the injured person is ready for transfer to the arriving rescue team or transport vehicle.

## 8. Follow Up

- **Debrief:** Once safe, debrief with the team to discuss what went well and what could be improved for future emergencies.
- **Medical Attention:** Ensure the injured person receives comprehensive medical evaluation and treatment as soon as possible.
- **Family Communication:** Contact listed Emergency contacts or ICE numbers and notify them of client's last known condition, contact info & location of medical facility transported. ***Do not communicate any assumed medical conditions or information beyond your last contact. Known facts only.***

## Checklist for Wilderness Rescue Kit

- ElkBros Trauma kit (Inspect and know what you have)
- Bright tape or markers for trail marking
- Sturdy rope or paracord
- Multi-tool or knife
- Emergency blanket
- Water and food supplies
- Map and compass or GPS device
- Flashlight or headlamp with extra batteries
- Cell phone or Zoleo/InReach communicator for emergency contact